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Plant Disease Resistance, Reviewed

There has been a lot of recent discussion about disease resistant plants, particularly about those for devastating diseases such as impatiens downy mildew and basil downy mildew. Resistant plants, however, are not new in concept nor practice. Over the years we've seen many cultivars or varieties of different plants, ornamental and vegetable, with resistance to powdery mildews, rusts, leaf spots, and many other diseases. Just take a close look at your seed packets or catalogs.

When plant resistance is talked about, you will hear the terms 'resistance', 'immunity', 'tolerance', and 'susceptibility' ...but what does each of those terms really mean? What about 'high resistance' or 'intermediate resistance'? Let's review some terminology so that we can all hopefully be on the same page.

AmericanHort recently published a white paper "The Use of a Standardized Set of Terms to Describe Plant Disease Resistance in Environmental Horticulture" to address these questions and to provide guidance for the labels used. The definitions described by AmericanHort align with the definitions used by the International Seed Federation (ISF) and the American Seed Trade Association (ASTA). (You can access the full white paper here: <https://irp-cdn.multiscreensite.com/5d757b5b/files/uploaded/TerminologyWhitePaper-AH-HRI.pdf>).

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Here are the definitions as described:

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| Immunity | The plant cannot be infected by a given pathogen. |
| Resistance | <p>The ability to exclude, hinder, or overcome the effects of a specified pathogen; the opposite of susceptibility. Resistant varieties may exhibit some disease symptoms or damage under heavy pathogen pressure and/or highly conducive environmental conditions.</p> <p>Two levels of resistance are defined:</p> <ol style="list-style-type: none"> 1. High Resistance: plant varieties that can be infected but restrict the growth and/or development of the specified pathogen and/or the damage it causes. 2. Intermediate Resistance: plant varieties that restrict the growth and/or development of the specified pathogen and/or the damage it causes, but may exhibit a greater range of symptoms or damage compared to highly resistant varieties. Plant varieties with intermediate resistance will show less severe symptoms or damage than susceptible plant varieties when grown under similar environmental conditions and/or disease pressure. |
| Susceptibility | The inability of a plant to resist or restrict the invasion of a pathogen; the opposite of resistance. |
| Tolerance | The ability of a plant variety to endure abiotic stresses without serious consequences for growth, appearance, and yield. |

This is not just a vocabulary lesson, there are a few pieces of information contained within those definitions, as a greenhouse plant producer, that you should take note of. First, *resistant does not mean immune*. Immune plants *can not* become infected by a given pathogen. Resistant cultivars *can* become infected by the pathogen, but they will be less affected than a susceptible cultivar. Also, note that not all resistance is created equal, some will be considered highly resistant and some intermediate. Another important concept to be aware of is that new strains (or biotypes, or pathotypes, or races) of a pathogen can emerge, and that a resistant cultivar may not remain resistant to the newly emerged pathogen strains.

What does this mean to you as a grower? Do not assume that you are free from worrying about losses from troubling diseases, or free from the need to scout or be watchful for those diseases, if you are growing resistant varieties (even highly resistant ones). Especially when environmental conditions are favorable for the disease.

When available, resistant plants can be a very useful addition to the management strategies you use in your greenhouse (and may also help with garden performance and consumer satisfaction). But remember that resistant plants are just one tool in your toolbox and you should continue to use a multifaceted approach to disease management, including other tools such as good IPM practices like sanitation, scouting, and being prepared to supplement with appropriate management products as necessary.

Lastly, remember that for any cultivar that is advertised to have disease resistance, the resistance is specific to a particular pathogen, not all or many. Ideally the cultivar will be labeled as such, for example, 'downy mildew resistant' instead of 'disease resistant'. If labels are unclear and you are uncertain which specific disease the cultivar is resistant to, ask your plant supplier.

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