Getting Herbaceous Perennials Off to a Good Start

Herbaceous perennial starting material comes in all shapes and sizes - from large, #1 bare root divisions to 128-cell plugs, to fully overwintered containers and plugs. For growers who choose to overwinter or purchase vernalized perennials from industry suppliers, the following tips can help achieve saleable success this season.

Don’t Judge a Book By Its Cover

Let’s face it, perennials can look pretty rough this time of year. Sometimes it is difficult to tell if they are even alive and well. Many species lose their foliage and die back to the crown during the winter months (Figure 1). They can remain dormant with little to no visible growth until exposed to appropriate temperature and light levels that stimulate growth, as seen with this Sedum (Figure 2).

Growers should screen their existing overwintered stock and any incoming starting material for obvious signs of insects, disease, or other pests. Thoroughly inspect crowns and root systems for signs and symptoms of diseases that can take hold during cool, damp conditions.

www.e-gro.org
In some cases, overwintered perennials may have damage from moles, voles or other rodents who feast upon the roots and crowns (Figure 3). Losses can vary from minimal to severe, depending upon the pest pressure and efforts to eliminate them from production areas. Future efforts to exclude rodents could include installing chicken wire around the perimeter of growing areas and setting out bait stations.

**Encourage Uniformity**

The ability of perennials to endure low winter temperatures and conditions during dormancy can affect the uniformity of emergence and plant stands. Growers should address uniformity issues soon after emergence, or they can easily develop into larger issues in the future (Figure 4). Growers may need to group plants according to size or vigor to prevent issues with overwatering and fertility, growth regulation, and flower timing. Cull perennials that won’t amount to a saleable plant this season.

**Proper Planting**

Pair plants with the proper container size. A miniature hosta variety started in a 72-cell tray will not perform well if transplanted directly into a one-gallon container (Figure 5). Why? The genetics of the plant dictate plant size and the capacity of the root system to grow in a single season. This particular variety cannot adequately fill a gallon container in a single season. The soil volume is more likely to stay saturated and promote issues with root development - including potential disease and fungus gnat infestations. Smaller quart and 4” containers are more appropriate in this example.
Most perennials, such as hosta, can be started in smaller containers and transplanted to larger containers as the season progresses - as well as overwintered for the following sales season.

Large starting material and vigorous perennial varieties should be planted in containers that provide ample room to grow. These plants will show signs of crowding, such as roots pushing plants out of containers, lodging, the constant need for watering, and possible nutrient deficiencies.

Other issues encountered with planting of bare root perennials in particular include proper planting depth, soil volume in the container, and planting orientation. Large bare root divisions are nearly impossible to plant in quart containers and should be potted into larger containers with greater volume of soil to adequately cover the roots and allow for the proper planting depth (Figures 6, 7).

For some dormant plants, especially those that form bulbs, tubers, rhizomes, or corms, it can be difficult to determine which side should be planted up.

**How Low Can You Go?**

In the upper Midwest, greenhouse temperatures can fluctuate widely this time of year as we transition from cold, cloudy weather to warmer, brighter conditions. Many tender perennials and tropical plants may require special attention such as elevated night temperatures, protection from cold drafts, vents, and dripping condensation from plastic coverings.

Hopefully these few tips will get your herbaceous perennials off to a good start this spring!